

Adult Softball

ADULT SUMMER LEAGUES

Registrations will be accepted until 5 p.m. on April 19. Summer leagues begin April 28 and church league begins May 13. Teams will play eight regular plus two post-season games, time permitting. Each team pays the umpire \$13 prior to each game. Learn more about these leagues at: teamsideline.com/cedarrapids.

► For more information, contact Sean Bucheit at 319-286-5799.

Tait Cummins Sports Complex:

#102501-05	Su	4/28-7/7*	Men's 12"
\$415/team			
#102401-01	M	5/13-7/22*	Church 14"
\$242/team			
#102501-03	W	5/1-7/10*	Men's 12"
\$415/team			

*No league 5/26, 5/27, 7/3

Ellis Park:

#102503-01	Su	4/28-7/7*	Coed 11"/12"
\$415/team			
#102502-01	M	4/29-7/8*	Men's 14"
\$342/team			
#102505-01	Tu	4/30-7/9*	Coed 11"/12"
\$415/team			
#102509-01	W	5/1-7/10*	Men's Fast
\$291/team			
#102510-01	Th	5/2-7/11*	Men's 16"
\$342/team			

*No league 5/26, 5/27, 5/28, 7/3, 7/4

ADULT FALL LEAGUES

Adult Fall Softball Men's 12" and Coed 11"/12" leagues are scheduled from August 11 - October 9 at Tait Cummins and Ellis Sports Complexes. The fee is \$160 (each team pays the umpire an additional \$13 per game).

► For more information, contact Sean Bucheit at 319-286-5799.



RAIN OUTS
HOTLINE 319-286-5700
or CRYouthSports.com



Sports

NEW MEN'S SUMMER SOFTBALL TOURNAMENT

(17+ yrs.)

Sign-up for this one-day tournament with a three game guarantee and standard men's softball rules. Teams pay the umpire \$15 before each game. **Register by 7/14.**

#102515-01	Su	7/28	8am-5pm
\$125/team			Tait Cummins

NEW CO-ED SUMMER SOFTBALL TOURNAMENT

(17+ yrs.)

Sign-up for this one-day tournament with a three game guarantee and standard co-ed softball rules. Teams pay the umpire \$15 before each game. **Register by 7/21.**

#102516-01	Su	8/4	8am-5pm
\$80/team			Tait Cummins

USSSA YOUTH FALL LEAGUE (10-14 yrs.) Based on 2024 age

This sanctioned USSSA league with a six-game schedule is open to all skill levels. Teams earn USSSA points. Games are 90 minutes in length and played at Tait Cummins Sports Complex with certified USSSA umpires. Teams supply game balls and pay the umpire \$50 before each game. Call Max Kearns, 319-286-5743, for more information. **Register by 8/4.**

#111105-03	10U	
#111105-04	11U	
#111105-05	12U	
#111105-06	13U	
#111105-07	14U	
Sa	8/17-9/28*	9am-5pm
\$350/team	Tait Cummins	*No games 8/31

Youth Blastball | T-Ball

BLASTBALL

(3-4 yrs. with Adult) Must be age 3 and not turn age 5 by start date.

Learn baseball basics in this program for beginners. Partner with your child to practice skills and play. No gloves needed. A foam bat/ball will be used. **Register by 5/28 and for #111907-01 by 7/23.**

Day: 3-4 years

#111901-01	M	6/14-7/8*	10-10:45am
\$49 (R \$42)			Noelridge

Evening: 3-4 years

#111901-02	F	6/14-7/19*	5:30-6:15pm
#111901-03	F	6/14-7/19*	6:30-7:15pm
#111901-07	Tu	7/30-8/27	5:30-6:15pm
\$49 (R \$42)			Noelridge

*No program 7/5

Evening: 3-4 years

#111901-06	Tu	6/11-7/16*	5:30-6:15pm
\$49 (R \$42)		NW Rec	

*No program 7/2

Evening: 3-4 years (Check in at pavilion)

#111901-04	Th	6/13-7/18*	5:30-6:15pm
#111901-05	Th	6/13-7/18*	6:30-7:15pm
\$49 (R \$42)			Cleveland Park

*No program 7/4

TINY TEES T-BALL SPRING LEAGUE

(4-6 yrs.) Must be age 4 by start date.

Learn baseball basics and teamwork; make friends, and have fun! Enjoy a mix of **one-hour games and practices beginning at 2 or 3 p.m.** before the summer leagues start. Baseball gloves are required. Helmets are recommended. Volunteer coaches are needed! **Register by 4/1.**

#311103-01	Su	4/7-5/12	2-4pm
\$47 (R \$40)			Noelridge



TINY TEES T-BALL LEAGUES

(4-6 yrs.) Must be age 4 by start date.

Learn baseball basics and teamwork, make friends, and have fun! Each team gets four practices and six games. A schedule will be sent prior to the start of the season. Evening practices or games will be played at 5:30 and 6:45. Bring your own baseball glove and helmet. Gloves are required. Helmets are highly recommended. Volunteer coaches are needed. **Register by 5/28.**

Summer Day: 4-6 years

#111701-01 M/W 6/10-7/17* 9-10am

#111701-02 M/W 6/10-7/17* 10-11am

\$65 (R \$57) includes shirt Noelridge

*No program 7/3

Summer Evening: 4-6 years

#111701-03 M/W 6/10-7/17* 5:30-7:45pm

\$65 (R \$57) includes shirt Van Vechten

*No program 7/3

Summer Evening: 4-6 years

#111701-05 Tu/Th 6/11-7/18* 5:30-7:45pm

\$65 (R \$57) includes shirt Noelridge

*No program 7/2, 7/4

Summer Evening: 4-6 years

#111701-04 M/Th 6/10-7/18* 5:30-7:45pm

\$65 (R \$57) includes shirt West Willow

*No program 7/1, 7/4

Fall: 4-6 years - Register by 8/11

#111701-06 Su 8/18-9/29 2-4pm*

\$49 (R \$42) includes shirt Noelridge

*One-hour games at 2pm or 3pm

Youth Baseball | Softball

CR COACH-PITCH BASEBALL/SOFTBALL LEAGUE

(7-10 yrs.)

Step up to the plate! This league is the perfect blend of skill development, sportsmanship, and fun! Seasoned players or those just starting will grow their skills. Each week will have one practice and one game. **Games start at either 5:30 or 6:45 p.m.** Schedules will be sent prior to the start date. Volunteer coaches are needed! **Register by 5/28.**

Boys Baseball 7-8 years

#111401-01 Tu/Th 6/13-7/23* 5:30-7:45pm

\$67 (R \$59) includes shirt Noelridge

*No program 7/2, 7/4

Girls Softball 7-8 years

#111401-04 Tu/Th 6/13-7/23* 5:30-7:45pm

\$67 (R \$59) includes shirt Noelridge

*No program 7/2, 7/4

Boys Baseball 9-10 years

#111401-05 W/F 6/12-7/24* 5:30-7:45pm

\$67 (R \$59) includes shirt Noelridge

*No program 7/3, 7/5

Girls Softball 9-10 years

#111401-06 W/F 6/12-7/24* 5:30-7:45pm

\$67 (R \$59) includes shirt Noelridge

*No program 7/3, 7/5

BECOME A YOUTH SPORTS SPONSOR!

Spotlight your business or organization while supporting our youth. Your sponsorship enables our department to further its mission of championing and enriching the lives of our youth through active and healthy lifestyles.

Whether you are interested in an exclusive sponsorship opportunity as an expression of your company's values or would like to sponsor your child's team in order to raise the profile of your company – we have just the package for you. No matter which sponsorship package you choose, we promise you will receive the attention, recognition, and publicity that you deserve for your sponsorship.

- For more information:
contact Grant Weber
Athletics Coordinator
319-286-5698 or
g.weber@cedar-rapids.org

VOLUNTEERS NEEDED FOR YOUTH SPORTS!

Volunteer coaches are needed for each youth sport. The Department will provide field supervisors to assist the volunteers coaching the teams. A handbook and training are provided. Volunteers may request to coach with ONE other volunteer. If you are interested, fill out the volunteer application online:

CRYouthSports.com

- For more information:
contact Grant Weber
Athletics Coordinator
319-286-5698 or
g.weber@cedar-rapids.org

Basketball

BASKETBALL CAMP

(4-9 yrs.) Must be age 4 by start date.

Practice your skills in this week-long camp. Improve your dribbling, passing, and shooting. There will be new skills, drills, and contests everyday! **Register by 7/19.**

4-5 years

#111305-01	M-F	7/29-8/2	5:30-6:15pm
\$52 (R \$45)		NW Rec	

6-9 years

#111306-01	M-F	7/29-8/2	6:30-7:30pm
\$52 (R \$45)		NW Rec	

NEW SUPER HOOPSTERS

(3-4 yrs.) Must be age 3 by start date.

Join the fun as your little one takes their first shots and dribbles into a lifetime love of the game! Parent participation is encouraged in this program for beginners or 4-year-olds on the shy side. **Register by 5/28.**

#111316-01	M	6/17-7/8	5-5:30pm
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#111316-02	M	6/17-7/8	5:30-6pm
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\$41 (R \$34)		NW Rec	
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LITTLE HOOPSTERS

(5-6 yrs.)

This program is a great intro to basketball or to continue developing skills. It includes drills and mini-games with a focus on sportsmanship, dribbling, passing, and shooting. **Register by 5/28.**

#111301-01	M	6/10-7/15	6-6:45pm
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#111301-02	M	6/10-7/15	6:45-7:30pm
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\$55 (R \$48) includes shirt		NW Rec	
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HOOP-IT-UP BASKETBALL LEAGUE

(7-8 yrs.)

Learn and improve skills through a mix of one-hour practices and games. The program will begin as a camp/clinic and transition to games as skills improve. **One-hour games start at either 5:30 or 6:45 p.m.** Please check your e-mail for program info prior to the start. **Register by 5/28.**

#111302-01	\$64 (R \$56) jersey not included
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#111302-02	\$78 (R \$70) jersey included
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Tu 6/11-7/23*	5:30-7:45pm	NW Rec
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*No program 7/2



ACTIVE CHOICE

Choose A High Activity Program



Football

YOUTH FLAG FOOTBALL

(6-10 yrs.)

Learn and improve on football fundamentals in this fun NFL Flag Football league. Jerseys and flag belts are provided. **Games and practices are one hour in length.** A game schedule will be sent prior to the program start date. **Register by 4/1.**

6-7 years

#311401-01	M/Th	4/11-5/13	5:30-7:30pm
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\$66 (R \$58) includes shirt		Ellis
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8-10 years

#311402-01	M/Th	4/11-5/13	6:30-8:30pm
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\$66 (R \$58) includes shirt		Ellis
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FOOTBALL BUDDIES

(4-5 yrs.) Must be age 4 by start date.

Learn the basics of throwing, catching, hand-offs, stances, offense, defense, and scrimmage in a fun, non-competitive atmosphere.

Spring - Register by 4/1

#311404-02	Su	4/14-5/12	1-1:45pm
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\$50 (R \$43) includes shirt		Noelridge
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Summer - Register by 5/28

#111404-01	M	6/10-7/8	5:30-6:15pm
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#111404-02	M	6/10-7/8	6:30-7:15pm
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\$50 (R \$43) includes shirt		Noelridge
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Other Sports

AGILITY GAMES

(4-6 yrs.)

Improve your motor skills and athleticism through indoor and outdoor games and activities. Obstacle courses, tag, elements of sports, and more will be covered each week. **Register by 4/1.**

#311903-01	W	4/17-5/15	6-6:45pm
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\$47 (R \$40)		NW Rec
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INTRO TO SPORTS

(3-4 yrs. with Adult) Must be age 3 by start date.

Try soccer, baseball, football, and more! Learn new skills and practice basic movements for a variety of sports.

#111904-01	Th	6/13-7/18*	9:30-10am
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#111904-02	Th	6/13-7/18*	10:15-10:45am
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\$50 (R \$43)		NW Rec
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*No program 7/4

LEARNING LACROSSE

(7-13 yrs.)

Try one of Iowa's newest sports! Learn the fundamentals with an emphasis on hand-eye coordination, speed and agility, and body position and control. **Register by 6/10.**

#111407-01	M	6/17-7/15	5:30-6:30pm
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\$20		Noelridge off Golf Street
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YOUTH INTRO TO TRACK

(8-12 yrs.)

Learn the proper techniques and training methods for track and field events.

Register by 4/1.

#311905-01	W/F	4/10-5/10	5:30-6:30pm
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\$64 (R \$56) includes shirt		Wilson Track
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ULTIMATE FRISBEE CAMP

(8-14 yrs.)

Ultimate Frisbee is a non-contact team sport played with a flying disc that combines elements of soccer, football, and basketball. Learn all the skills to master this fast-growing sport from *Cedar Rapids Ultimate's* experienced coaches. **Register by 5/28.**

8-11 years

#111906-01	M	6/10-7/22*	5:30-7pm
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\$40 (R \$36)		Noelridge	*No program 7/1
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12-14 years

#111906-02	M	6/10-7/22*	5:30-7pm
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\$40 (R \$36)		Noelridge	*No program 7/1
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Please check your email prior to the start of youth sports programs for additional information.

Pickleball

NEW PICKLEBALL LEAGUES (18+ yrs.)

Play weekly Pickleball matches at the Jones Park courts! Beginner and Intermediate Men's, Women's, and Co-ed Doubles Leagues are available. Matches are best two out of three. **One-hour games start at either 6 or 7 p.m.** The season will include five regular matches and conclude with a final match based on standings. **Register by 7/2.**

Beginner Men's

#109905-01 Tu/Th 7/9-8/29 6-8pm

Beginner Women's

#109905-02 Tu/Th 7/9-8/29 6-8pm

Beginner Co-ed Doubles

#109905-03 Tu/Th 7/9-8/29 6-8pm

Intermediate Men's

#109905-04 Tu/Th 7/9-8/29 6-8pm

Intermediate Women's

#109905-05 Tu/Th 7/9-8/29 6-8pm

Intermediate Co-ed Doubles

#109905-06 Tu/Th 7/9-8/29 6-8pm

\$80/team Jones Pickleball Courts

NEW CO-ED DOUBLES PICKLEBALL LEAGUE

(50+ yrs.)

Play weekly Pickleball matches at the new Jones Park courts on Tuesday or Thursday at 10 a.m. or 11 a.m.! Players will self-grade to determine skill division. Matches are best two out of three. The season will include five regular matches and conclude with a final match based on standings.

Register by 5/14.

#109906-01 Tu/Th 5/21-6/27 10am-12pm
\$80/team Jones Pickleball Courts

NEW YOUTH PICKLEBALL (11-16 yrs.)

Learn the fastest growing sport in America! Have fun learning the basic skills of pickleball and making new friends. Classes are coordinated and hosted by Smithfield Tennis & Pickleball Center.

Hot Shots - 11-13 yrs.

#309801-04 Sa 4/6-4/27 1-2pm

#309801-05 Sa 5/4-5/25 1-2pm

\$52 (R \$48) Smithfield, 3511 18th Ave. SW

Future Stars - 14-16 yrs.

#309901-04 Sa 4/6-4/27 2-3pm

#309901-05 Sa 5/4-5/25 2-3pm

\$52 (R \$48) Smithfield, 3511 18th Ave. SW

NEW INTRO TO PICKLEBALL CLINIC

(18+ yrs.)

If your brand new to Pickleball, this is the class for you. Learn how to play the game, focusing on basic shots, serving, and keeping score. Wear indoor court shoes. Other equipment is provided.

#109902-01 Tu 6/4 3-4pm

#109902-02 Tu 6/11 3-4pm

#109902-03 Tu 6/18 3-4pm

#109902-04 Tu 6/25 3-4pm

#109902-05 Tu 7/9 3-4pm

#109902-06 Tu 7/16 3-4pm

#109902-07 Tu 7/23 3-4pm

#109902-08 Tu 7/30 3-4pm

#109902-09 Tu 8/6 3-4pm

#109902-10 Tu 8/13 3-4pm

#109902-11 Tu 8/20 3-4pm

#109902-12 Tu 8/27 3-4pm

\$15/date Smithfield, 3511 18th Ave. SW

NEW BEGINNER PICKLEBALL CLINIC

(18+ yrs.)

You have the basics down, now it's time to level up your game! Focus on the fundamentals to improve. Wear indoor court shoes. Paddles may be rented for \$5.

#109903-01 Th 6/6 3-4pm

#109903-02 Th 6/13 3-4pm

#109903-03 Th 6/20 3-4pm

#109903-04 Th 6/27 3-4pm

#109903-05 Th 7/11 3-4pm

#109903-06 Th 7/18 3-4pm

#109903-07 Th 7/25 3-4pm

#109903-08 Th 8/1 3-4pm

#109903-09 Th 8/8 3-4pm

#109903-10 Th 8/15 3-4pm

#109903-11 Th 8/22 3-4pm

#109903-12 Th 8/29 3-4pm

\$15/date Smithfield, 3511 18th Ave. SW

NEW INTERMEDIATE PICKLEBALL CLINIC

(18+ yrs.)

Develop tactics, fine-tune techniques, and get that competitive edge. Wear indoor court shoes. Paddles may be rented for \$5.

#109904-01 F 6/7 3-4pm

#109904-02 F 6/14 3-4pm

#109904-03 F 6/21 3-4pm

#109904-04 F 6/28 3-4pm

#109904-05 F 7/12 3-4pm

#109904-06 F 7/19 3-4pm

#109904-07 F 7/26 3-4pm

#109904-08 F 8/2 3-4pm

#109904-09 F 8/9 3-4pm

#109904-10 F 8/16 3-4pm

#109904-11 F 8/23 3-4pm

#109904-12 F 8/30 3-4pm

\$15/date Smithfield, 3511 18th Ave. SW

Soccer

NEW SUPER KICKERS

(3 yrs. with Adult) Must be age 3 by start date.

Dribble, pass, shoot! Introduce your child to the sport of soccer in this entry level program with fun drills and mini-games! Program information will be sent prior to the start date. **Register by 4/8.**

Spring - Register by 4/8

#311511-01 M 4/15-5/6 5:30-6pm

#311511-02 M 4/15-5/6 6-6:30pm

\$41 (R \$34) includes shirt Noelridge

Summer - Register by 5/28

#111511-01 M 6/10-7/1 9-9:30am

#111511-02 M 6/10-7/1 9:30-10am

\$41 (R \$34) includes shirt Noelridge

LITTLE KICKERS SPRING SOCCER (4-5 yrs.) Must be age 4 by start date.

Learn the basics of soccer and play fun games in this instructional program for boys and girls. **Practices and games are 45 minutes in length.** Shin guards are required. Cleats are recommended. A schedule will be sent before the league begins. Volunteer coaches are needed! **Register by 4/1.**

#311501-01 Th 4/11-5/9 5:30-6:15pm

#311501-02 Th 4/11-5/9 6:30-7:15pm

\$59 (R \$51) includes shirt Noelridge*

*Horseshoe Pits off Golf Street

#311501-03 Sa 4/13-5/11 9-10:45am

\$59 (R \$51) includes shirt Cherry Hill

LITTLE KICKERS SUMMER LEAGUE (4-5 yrs.) Must be age 4 by start date.

Learn the basics of soccer in a fun environment! Each week, spend 10-15 minutes with a new skill/drill, followed by 30 minutes of game time. Practice/games are 45 minutes in length. **Games will start at 5:30 or 6:30 p.m.** A schedule will be sent before the league begins. Volunteer coaches are needed. **Register by 5/28.**

#111704-01 W 6/12-7/17* 5:30-7:15pm

\$58 (R \$51) includes shirt

Noelridge, Horseshoe Pits off Golf Street

*No program 7/3



⚽ SOCCER CAMP

(4-10 yrs.) Must be age 4 by start date. Practice your skills with games relating to soccer. Dribble through obstacles and mazes, pass past the monkey, and try to score against the goal monster! **Register by 7/30.**

4-5 years

#111703-01 M-F 8/5-8/9 5:30-6:15pm
\$52 (R \$45) includes shirt Noelridge

6-7 years

#111703-02 M-F 8/5-8/9 6:30-7:30pm
\$52 (R \$45) includes shirt Noelridge

8-10 years

#111703-03 M-F 8/5-8/9 6:30-7:30pm
\$52 (R \$45) includes shirt Noelridge

⚽ REC UNITED SUMMER SOCCER

(5-10 yrs.) Age as of 6/12/24

Continue playing soccer between seasons in this first-of-its-kind program for the metro area! Local parks and recreation departments have teamed up to bring you this new recreational league. Kids will meet once a week for seven weeks to continue building their soccer skills. Age appropriate skills and fundamentals will enhance the players' abilities and understanding of the game. **Games/practices are at 6 p.m. or 7 p.m. and are one hour in length.** Shinguards are required, cleats are highly recommended. Volunteer coaches are needed. **Register by 5/20.**

Boys 5-6 years

#111705-01 W 6/12-7/24 6-8pm
\$45 includes shirt Tuma Soccer Complex

Girls 5-6 years

#111705-02 W 6/12-7/24 6-8pm
\$45 includes shirt Tuma Soccer Complex

Boys 7-8 years

#111705-03 W 6/12-7/24 6-8pm
\$45 includes shirt Tuma Soccer Complex

Girls 7-8 years

#111705-04 W 6/12-7/24 6-8pm
\$45 includes shirt Tuma Soccer Complex

Boys 9-10 years

#111705-05 W 6/12-7/24 6-8pm
\$45 includes shirt Tuma Soccer Complex

Girls 9-10 years

#111705-06 W 6/12-7/24 6-8pm
\$45 includes shirt Tuma Soccer Complex

Please check your email prior to the start of youth sports programs for additional information.

**Tennis****⚡ SUMMER TENNIS LESSONS**

Learn the sport of tennis using the USTA QuickStart format which emphasizes specific skills and games for each age level. Classes are coordinated by Smithfield Tennis Club professionals for children ages 4 through 15. *Missed classes can be made up during any of the other offered times for your class.

To register, call 319-286-5566. Questions? Call 319-396-7060.

Session A: 6/6 - 7/3

Session B: 7/8 - 8/1

Smithfield Tennis & Pickleball Center, 3511 18th Ave. SW

Little Aces Tennis Lessons (4-6 yrs.)

A	B	Days	Time	Fees
#109101-01	#109101-05	M	9-9:45am	\$56
#109101-02	#109101-06	Tu	4-4:45pm	\$56
#109101-03	#109101-07	W	9-9:45am	\$56
#109101-04	#109101-08	Th*	4-4:45pm	\$56

Hot Shots Tennis Lessons (7-10 yrs.)

A	B	Days	Time	A Fees
#109102-01	#109102-05	M	10-10:55am	\$56
#109102-02	#109102-06	Tu	5-5:55pm	\$56
#109102-03	#109102-07	W	10-10:55am	\$56
#109102-04	#109102-08	Th*	5-5:55pm	\$56

Future Stars Tennis Lessons (11-15 yrs.)

A	B	Days	Time	A Fees
#109103-01	#109103-05	M	11-11:55am	\$56
#109103-02	#109103-06	Tu	6-6:55pm	\$56
#109103-03	#109103-07	W	11-11:55am	\$56
#109103-04	#109103-08	Th*	6-6:55pm	\$56

Volleyball

⚡ CO-ED MUD VOLLEYBALL TOURNAMENT (18+ yrs.)

Get down and dirty in this 6-on-6 tournament with pool play. Only the top team from each pool will move into single elimination play. **Register by 7/8.**

#102802-01 Sa 7/20 8am
\$103/team Seminole Valley Park



ACTIVE CHOICE
Choose A High
Activity Program

⚡ CR YOUTH VOLLEYBALL (8-12 yrs.)

All skill levels are welcome in this instructional program that is a great warm-up for our fall league. Learn to bump, set, and spike with proper technique in a fun atmosphere. Start with drills and game-building skills, then progress to scrimmages/games as skills improve. **Register by 5/28.**

8-10 years

#111801-01 W 6/12-7/24* 5:30-6:30pm
\$58 (R \$50) includes shirt NW Rec
*No program 7/3

11-12 years

#111801-02 W 6/12-7/24* 6:45-7:45pm
\$58 (R \$50) includes shirt NW Rec
*No program 7/3